



Leader in Me: Stay Home Stay Productive

LeaderinMe.

Webinar for Parents by: FranklinCovey

Summary

Presenter: Dr. Fazal Muhammad Khan Niazi

Dr. Fazal Muhammad Khan Niazi is Country Manager FranklinCovey Education, Pakistan. He is facilitator & Trainer with over 14 years of experience. He has established his expertise in whole school transformation, holistic child development, soft skills, social-emotional skills. He work with schools across Pakistan running short and long-term training programs.

Generation's School organized the *Stay Home Stay Productive 2-day Webinar for Parents*, conducted by FranklinCovey Education Pakistan.

FranklinCovey Education has created modules on how to manage stress, and how to understand others and express empathy. This award-winning course was made available exclusively for parents and families of Generation's School.



Key Takeaways

The webinar was divided into two 2-hour sessions and was interactive allowing participants to post comments and share their feedback. The topics focused on were:

- Addressing Challenges and Managing Stress: Learning how to relax
- Paradigms and demonstrating empathy: Talk less, listen more
- Creating Lasting Growth Through Difficult Times: Creating and sharing personal mission statements.

The video of the 2-day webinar is available [here](#).

“Impactful videos were shown which made me reflect on my behaviour towards others.”
(Participant reflection)

Downloadable Resources:

Struggling Moments

Talk Less

We Choose to Go to the Moon

Relax

Paradigms

Resources for parents are available at: <https://www.leaderinme.org/family-resources/>